

## 12.

There's no better way to know your own value system than to recognize what you admire and respect in another.

Why do you admire someone else's ability to share, care about others, love, be honest, show compassion, be thoughtful, forgive, show integrity, or be supportive?

Honoring someone else honors you.

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Sample of Finding Your Integrity by Greg McBride.

Please visit [gtmcbride.com/blog](http://gtmcbride.com/blog) for the full book!