

# 14.

When other people are disappointed in you, it says that you are important enough to them to generate hope. That hope is a compliment to you.

When others are disappointed, try saying, “Thank you for caring enough about me and our time together to be disappointed that what we planned didn’t happen.”

It’s when the people we love stop being disappointed that we need to worry.

You are worth the risk of another’s disappointment and that’s a good thing.

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Sample of Finding Your Integrity by Greg McBride.

Please visit [gtmcbride.com/blog](http://gtmcbride.com/blog) for the full book!