

16.

How others feel is not about you.

How others feel is not about what you did or said.

How others feel is the product of what your words or actions
meant to them.

There is a varying difference between

what you mean and

what it means to someone else.

Understand the meaning instead of defending the intent and
you'll go a lot further in your care of someone else.

Sample of Finding Your Integrity by Greg McBride.

Please visit gtmcbride.com/blog for the full book!