

# HOLY FAMILY SCHOOL

7300 120th Ave. N.E.  
Kirkland, Washington 98033

February 11, 1987

To Whom It May Concern:

Greg McBride organized and provided an outstanding drug/alcohol awareness program for the student teachers and parents at Holy Family School for the 1986-87 school year. Greg covered all of his program with a professional caring attitude. In very little time he built a rapport with all of the students and staff that promoted very sensitive discussions. Greg spotted students who seem to be exhibiting signals that may be clues for drug/alcohol or related problems. His easy mannerisms made him very approachable for adults and children. He shared a genuine concern for the whole person. Greg spent time helping the school board and faculty develop a documentation policy that would help students receive intervention if there is a need.

The student program was divided into three groups. The primary program taught by Greg covered self-esteem and decision making and refusal skills. The intermediate program built on the primary program and added basic information on alcohol and other drugs. The junior high program included all of the above and an in-depth look at alcohol, marijuana and other drugs. The students were taught to differentiate between use, abuse and addiction. Greg included a recovering teen speaker in the program and then had the students draw their personal lines.

The faculty training focused on an overview of what Greg would be presenting to the students. Greg then went into basic pharmacology and physiology of drugs and sign and symptoms. Time was spent discussing Children of Alcoholics and the Chemical Dependent Family System. Resources and intervention methods were discussed with the faculty.

The parent program was a one night meeting prior to Greg working with the students. Facts on adolescent alcoholism prevention, roadblocks and stages were among the topics shared with the parents.

I definitely recommend Greg for any position that would challenge him to share his expertise with children or adults. He has been an asset to our school and will be so to others who wish to use his skills.

Sincerely,

*Maureen Blum*

Maureen Blum, Principal