

Our Lady of Fatima School

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SEATTLE, WASHINGTON 98199

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TO WHOM IT MAY CONCERN:

During the 1986-87 school year, Greg McBride provided a Drug and Alcohol Education Program for the staff, parents and students of Our Lady of Fatima School.

The faculty training sessions included such topics as: pharmacology and physiology of drugs; signs and symptoms; children of alcoholics; the chemically dependent family system; resources, intervention, school policy related to alcohol and drugs. At the end of the training sessions, teachers gained additional knowledge and understanding of drugs/alcohol in relation to children. As a result of the program, teachers were equipped with strategies to use should drug abuse be suspected among students.

Greg arranged for a two-hour session for parents. Some of the topics covered included: facts on adolescent substance abuse; prevention through education, communication and support; common roadblocks to early detection of substance abuse; pharmacology/physiology of alcohol and other drugs.

Although I did not attend the parent session, the feedback from parents was very positive and parents were pleased with the information presented.

Classes for the students extended over an eight-week period but varied according to grade level. Some of the topics presented were: self-esteem; decision making and refusal skills; alcohol and other drugs; alcoholism and the family.

Greg came prepared for each class session with activities and information appropriate for the age and maturity of the students. He was sensitive to the needs of the children and allowed sufficient time for questions and interaction between himself and the class. The highlight of the program for the older students was the opportunity to hear from a recovering teen speaker.

I would have no hesitation in recommending Greg McBride's program to a population of school children. I feel certain that the students of Our Lady of Fatima have received valuable information about the dangers of alcohol and drug abuse and are better prepared to say "NO" if the situation arises.

Marie C. Bradshaw
Principal

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